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Aneurin Bevan  
University Health Board

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**Aneurin Bevan University Health Board**

Corporate Information Team  
HQ, St Cadoc's Hospital  
Lodge Rd,  
Caerleon,  
Newport  
NP18 3XQ

Reference: 6920243

19 March 2026

Dear ###

Thank you for your request to Aneurin Bevan University Health Board for information under the Freedom of Information Act 2000 received on 25 February 2026.

**Your request**

You requested the following:

Dear Freedom of Information Officer,

Under the Freedom of Information Act 2000, I am requesting information regarding wait times for ADHD titration appointments within the Aneurin Bevan University Health Board for Adult services.

Specifically, I request the following data for each of the last 12 months (e.g., March 2025 to February 2026), broken down month-on-month:

- 1) Average Wait Times: The median and/or mean (average) number of weeks a patient waited from the date of their ADHD diagnosis/referral for titration to the date of their first titration appointment.
- 2) Longest Wait Time: The longest individual wait time recorded for a patient starting titration in each of those months.
- 3) Waiting list size: The total number of patients on the waiting list specifically for titration and the date the longest-waiting person on that list was referred.

If the specific "average wait time" is not recorded as a single figure, please provide the raw data in an anonymised list format (e.g., a list of wait times in days or weeks for all patients who started titration in the last 12 months) so that I may calculate the averages myself.

**Our Response**

I can confirm that the Health Board has completed a search of its records and has established that it does hold information in relation to your request. The information being released to you is set out below.

1 and 2) Please see our response in the table below;

<b>Year</b>	<b>Month</b>	<b>Average Wait in weeks</b>	<b>Longest individual waiting time recorded in weeks</b>
2025	Jan	22	33
2025	Feb	33	41
2025	Mar	16	48
2025	Apr	12	35
2025	May	10	34
2025	Jun	32	34
2025	Jul	10	29
2025	Sep	26	48
2025	Oct	10	29
2025	Nov	10	34
2025	Dec	28	59
2026	Jan	11	1

3) There are a total of 335 patients on the waiting list for titration. The longest-waiting person on the list was referred on 20 September 2022.

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within 40 working days from the date of the response to your original letter and should be addressed to:

Corporate Information Team  
 HQ, St Cadoc's Hospital

Lodge Rd,  
Caerleon,  
Newport  
NP18 3XQ  
Email: [abb.foi@wales.nhs.uk](mailto:abb.foi@wales.nhs.uk)

If you are still dissatisfied at the end of the review, you have the right to take your complaint directly to the Information Commissioner, who can be contacted at the following address:

The Information Commissioner's Office  
2nd Floor, Churchill House  
Churchill Way  
Cardiff  
CF10 2HH

Telephone: 0330 414 6421  
Website: [www.ico.org.uk](http://www.ico.org.uk)

Yours sincerely

**Dan Davies**  
**Prif Swyddog Busnes | Chief Business Officer**

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